Cirls Place, Inc.







...A Place to Grow

After School Program Guide

For Parents and Guardians





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Girls Place, Inc. After School Program









HISTORY

For more than 30 years of serving girls in Alachua County, the Girls Place has evolved into a passageway from childhood to womanhood for many girls in the Gainesville community. The young women of today are learning to become tomorrow's future by living and developing in a continuously changing world. Girls Place embraces this opportunity and challenge, and is confident that girls will prosper through our after school, athletic and summer programs.



March – April 1981	The Gainesville Junior Woman's Club began investigating the need and interest for a girls club in the community with surveys and public meetings.		
September 1982	A 20 member Operations Board of Directors was created. The Girls Club of Alachu County was issued non-profit status.		
January 1985	Renae Clements (the first executive director) was hired.		
June 1985	The first Girls Club summer day camp was held at Sidney Lanier School, run by volunteers and was an incredible success.		
November 1985	The City of Gainesville granted Girls Club 5.3 acres of land.		
April 1986	Construction commenced on the Girls Club clubhouse. Summer Day Camp continued being held at Westwood Middle School.		
August 1987	The first after-school program at the Girls Club of Alachua County Clubhouse was inaugurated		
January 1988	United Way announced the Girls Club as one of their affiliated agents		
April 1991	A fifteen member rotating Board of Directors of the Girls Club of Alachua County Foundation was created and officers were elected		
November 1991	Girls Club of Alachua County Foundation was issued non-profit status.		
September 2008	The Girls Club underwent a name change and officially became known as Girls Place, Inc.		
October 2013	Renae Clements retired after 30 years and Janna Magette was hired as executive director.		



STAFF, CONTACT INFORMATION AND VOLUNTEERS

Administrative staff

Janna@girlsplace.net Janna Magette, Executive Director Christi Arrington, Program Director Christi@girlsplace.net

Responsible for after school and summer programs

Courtenay Etheredge, Operations Manager Courtenay@girlsplace.net *In part, responsible for collecting weekly fees*

Tara Mercurio, Athletic Director Tara@girlsplace.net Responsible for athletic programs

Kristen Stone, ACHIEVE Coordinator KStone@girlsplace.net



After school facilitators

- All staff receive background checks and fingerprinting and are CPR and First Aid certified
- A ratio of 1:15 (adult to child) ratio is maintained
- As staff are in place, their names and photos will be shared with parents

Additional contact information

Phone: (352) 373-4475 Fax: (352) 373-5550

Website: www.girlsplace.net

Volunteers

Individuals

- All volunteers are background checked prior to working with the girls
- They are generally college students; many seeking credit for classes such as exceptional people and majors that include youth and community sciences, education and recreation
- Volunteers are given an orientation and trained on how to interact with the girls





- They are under the direct supervision of the recreational or administrative staff
- Parents wishing to volunteer must also be background checked through Florida Department of Children and Families at a Level II

Groups/Guest speakers

- Sororities, fraternities, nursing students and various organizations visit on occasion to do activities with the girls
- Dates are arranged with the Program Director and activities are directly monitored by recreational staff

HOURS OF OPERATION

Monday – Friday from School Release – 6:00 pm

Office hours: 11:00 am - 6:00 pm

School holiday hours

7:30 am - 6:00 pm

Early drop off: 7:00 am-7:29 am for an additional \$1/day per child (due in cash each morning)

FEES

After school is \$49 a week for K-5th graders and \$30 a week for 6th-12th graders. An additional nonrefundable annual membership fee (\$20 for an individual child; \$40 for a family with multiple children) is required. Participants are required to be members of Girls Place. This fee is charged once per calendar year. If your child has been charged this fee for participation in another program, you will not need to pay it again until January 2015.

Fees can be paid in person (cash, check, Visa, MasterCard, money order) or online (PayPal or credit card).

We are grateful to the *United Way of North Central Florida* and the *City of Gainesville* for their support of our financial assistance program. The deadline to apply for assistance is **Friday**, **August 1**. Applications must include a current 1040 and a free or reduced lunch form from an Alachua County School.

Girls Place is an Early Learning (ELC) provider. Families who qualify for ELC are often given rates well below what we can offer with our assistance program. Please contact ELC for more information. Families on ELC must abide by both Girls Place and ELC guidelines. Failure to do so can result in dismissal from Girls Place or loss in funding from ELC.

FEE STRUCTURE:

By submitting a registration form for the After School Program, you agree to the following registration terms and conditions:

- Registration implies a commitment to participate in the program for the entire 2014-2015 school year.
- Families are responsible for paying for every week regardless of how many weeks they attend.
- Teacher work days and school holidays are included in the weekly rate.



- A week of fees must be paid by August 8th to secure a spot in the program.
- Accepted payments are check, cash, money order, Visa or MasterCard. Postdated checks cannot be accepted.
- Families signed up and not attending will be charged up to one month prior to being inactivated and the child will lose her spot in the program.
- Families are billed **MONTHLY** based on the number of **MONDAYS** in the month.
- Families who would like to withdraw for a short time period or permanently have to complete the Removal Form found on our website.
- Families on ELC will be responsible for the full (non-ELC rate) fees if they fail to attend the program or if they fail to comply with ELC terms and policies.
- Lastly, the parent who registers their daughter is ultimately responsible for paying the weekly fees. Any arrangements between parents cannot be accommodated by our staff.

Notes:

- NON-SUFFICIENT FUNDS (NSF) POLICY: All bounced checks will be charged a \$25 NSF fee. Please
 pay for all NSF checks with cash or money order, as they will not be deposited again. After two
 returned checks within one year, cash payments will be required thereafter for services plus any
 bank services accrued by Girls Place.
- In general, parents will not be required to pay additional fees for field trips. Parents and guardians will be notified in advance should a trip require an additional cost.
- Late fees: In accordance with Board of Directors policy, parents or guardians will be charged \$1 for every five (5) minutes late beyond 6:00 pm. Regardless of late fees, please call if you will be late.

CHECK-IN AND CHECK OUT PROCEDURES

Check in

- Girls will be checked in with a staff member at the front desk
 - Girls will receive a member number that will be used to check in and out; please help your child remember her number
- Girls put their backpacks away and report to their classrooms immediately

Checkout

- Girls can be checked out at any time from Girls Place, but must be picked up by 6:00 pm
- Parents and guardians cannot pick up girls from field trips due to the inability to follow appropriate procedures
- Parents/guardians must complete a registration form indicating who can and cannot pick up their child; people authorized to pick up a child must be at least 16 years old and have identification
- Parents and guardians must come in the building to check out the girls
- A staff member will call your child to the front desk; please go directly to the front office window if someone is not at the desk
- Please do not be offended if a new staff person requests your identification or if pick-up is delayed due to someone not being on the list
- If an unknown person comes to pick up a child, he or she will be verified on the registration form and their ID will be checked
- Families who are supported through the Early Learning Coalition (ELC) will be in danger of losing their funding if check out procedures are not followed
- Reminder: late fees will be charged after 6:00



- If parents or guardians are late on a consistent basis, Girls Place reserves the right to refuse service to the family
- o If a parent or emergency contact is later than 15 minutes or cannot be reached, Girls Place reserves the right to release the child to the Gainesville Police Department

CURRICULUM AND ACTIVITIES

Groups

- Girls are placed in groups by their grade level
- Pink (K-1), Red (2-3), Yellow (4-5), Green (6-7), Blue (8-12)
- Exceptions will not be made with group assignments (i.e. if a child has been in red group for two years and is held back in 3rd grade, she will stay in red group)
- Within their specific age groups girls engage in age appropriate activities based on the components of wellness

Components of Wellness

The foundation for all after school activities are the 6 components of wellness. The components of wellness are listed below with example activities and the frequency at which they occur.

- Physical (involves the ability to carry out daily tasks, develop cardio respiratory and muscular fitness, maintain adequate nutrition and avoid abusing alcohol and other drugs)
 - Structured sport (basketball, volleyball, etc.) twice a week
 - Cooking activity with emphasis on nutrition once every two weeks
 - Presentation or group activity focusing on nutrition once a month
 - Puberty/hygiene lessons (4th-12th graders) once during the program
- Emotional (express and display emotions comfortably, effectively and in a healthy manner. Feelings of self esteem, selfconfidence, self-efficacy, trust, love, and many other emotional reactions & responses)
 - Positive adult interaction on a daily basis
- Spiritual (provides meaning and direction in life and enables you to grow, learn, and meet in new challenges; create a sense of belonging)
 - Engage in community service activities
- Environmental (refers to an appreciation for the external environment and the role individual's play in preserving, and improving environmental conditions)
 - Community Service (including neighborhood and park clean ups, participating in walks for healthy babies and breast cancer, making cards, meals and desserts for Ronald McDonald House) once a month
 - Promoting recycling on a daily basis
 - o Promoting life skills (cleaning up after oneself, respecting nature, etc.)





- **Intellectual** (involves the ability to learn and use information effectively for personal, family, and career development)
 - o Reading (for leisure or school requirement) on a daily basis
 - o Academic enhancement daily through the ACHIEVE Program
 - ACHIEVE = Academic Counseling and Help Increasing Educational Victories Everyday
 - Leadership opportunities (planning activities, problem solving, etc.) on a daily basis
- Social (having the ability to interact successfully with people and one's personal environment)
 - o Friendship building activities weekly with one-on-one discussions as needed
 - Tolerance activities on a monthly basis (includes bully prevention, peer acceptance) with one-on-one discussions as needed



Field Trips

Field trips support our curriculum. Trips typically occur on <u>Wednesdays</u> and on school holidays and may include local parks, museums, skating, movies, bowling, or community service.

- Trips are <u>not</u> optional but part of the objectives of the after school program
- A weekly schedule of events and field trips is provided so families can be prepared
- Parents and guardians may not drop off their child or pick them up from a field trip
- Any families arriving after the child's group has departed for a field trip CANNOT stay at Girls Place; please be on time
- Most often girls will return by 4:30 pm unless otherwise noted on the schedule

ACHIEVE

ACHIEVE (Academic Counseling and Help Increasing Educational Victories Everyday) is a year-round educational program based on the Common Core Standards adopted by Alachua County Schools. The activities include homework assistance, academic enhancement, one-on-one tutoring or mentoring, and educational field trips. Report cards are collected and copied four times during the year to assess where we the girls are academically and to determine how we need to help them succeed.







Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
12:30			Transportation		
1:30	Transportation	Transportation	Snack	Transportation	Transportation
2:00			UF Nursing		
2:30	Snack	Snack	Students Positive Body Talk	Snack	Snack
3:00	Homework	Homework		Homework	Homework
3:30	. To me no m	nome nom	Homework	Homework	Zumba
4:00	Bullying	Nutrition Discussion			2411.54
4:30	Prevention		Distribute canned food	Egg drop science	Soccer
5:00	Community Service:	Cooking: Heart healthy	collection fliers	experiment: plan &	
5:30	Design fliers for canned food	cupcakes	Soccer	design	
6:00	00 drive		22333		

MEAL PROGRAM (BREAKFAST, LUNCH AND SNACK)

Breakfast and Lunch

Girls Place DOES NOT provide breakfast or lunch on school holidays.

If Girls Place is accepted again by the Kids Café Program, we will provide snack. All after school participants may receive snack regardless of income level. A snack period is designated each day with additional items being sold. Items range from \$0.25-\$1.00 and may include peanuts, crackers, fruit snacks, Gatorade, and water. We request that parents set up an account in the front office so children



will not have money with them. Additional money can be added to the account at any time. We are not responsible for any lost or stolen money that is not turned in with staff members.

Accounts

- We prefer that an account be established to avoid any issues with missing money
- · An account can be set up and spending limitations can be set
- We cannot be responsible for lost or stolen money
- Please give money to Ms. Pat prior to 9:00 am on school holidays or to the administrative staff in the front office between 9:00am and 6:00pm

BEHAVIOR AND DISCIPLINE

Girls Place has established our House Rules for all of our programs. Please help us help your children GROW and integrate these terms into your conversations with your child.

G - Give your heart

R – Respect comes first

O – Own your genius

W – Win with trust

Expectations for staff

- Staff is expected to provide and maintain a safe atmosphere which will encourage positive behavior, high achievement, and show respect for all individuals by treating them fairly and impartially
- Recreational aides and other staff members may develop individual rules and disciplinary practices, which supplement the Discipline Policy but do not conflict with it

Expectations for girls

• Girls are expected to know, understand and abide by the rules set forth by the administrative staff as well as the recreational aides

Expectations for parents

 Parents are asked to support Girls Place, Inc., the staff, and the rules that are in place to protect the girls

Disciplinary Policy

- Factors that are considered when determining the level of discipline for misbehavior include but are not limited to:
 - · Seriousness of offense
 - Planning, impulse or self defense
 - Age and/or disability
 - Strength of evidence
 - Cooperation/remorse
 - Disciplinary history
- The following chart defines the levels of offenses, examples of misbehaviors and possible consequences:



Girls Place, Inc. After School Program

Offense	Level 1	Level 2	Level 3	Level 4
Definition of offense	Least serious acts of misconduct which interfere with orderly procedures and or activities	Serious acts of misconduct which include repeated minor misconduct and acts directed against persons or property	More serious acts of misconduct, including repeated similar misbehavior, serious disruptions of the orderly conduct of Girls Place, Inc. and threats to health, safety, or property; may result in suspension	Most serious acts of misconduct; these violations require notification to law enforcement
Example of Misbehaviors	 Abusive Language (random & direct) Group Disruption Harassment Unsafe acts Defiance Bus/Van Misconduct 	 Repeated or continuous Level 1 misconduct smoking/using tobacco Fighting Theft/larceny Vandalism Trespassing Disorderly Conduct Threat/intimidation 	 Repeated or continuous level 1 or 2 misconduct Assault Burglary/breaking and entering Battery on staff member Robbery Kidnapping Arson 	 Sexual battery Aggravated Battery Possession, use or sale of explosive device Illegal, street or recreational drug possession or use Weapons: possession/use of items wielded for intent to harm
Possible Consequences	 Verbal Reprimand Time Out Withdrawal of Privileges Work detail/ Restitution Conversation with Program Director or Executive Director 	 Referral form signed by parent/guardian Suspension from Girls Place (after 3rd write up) Alternative placement or expulsion from Girls Place Notify proper law enforcement authorities. 	 Alternative placement or expulsion from Girls Place Notify proper law enforcement authorities Suspension from Girls Place activities 	 Suspension from Girls Place activities Recommend alternative placement Notify law enforcement Recommend expulsion

- An effort is made to involve the parents in every aspect of a child's experience while at the Girls Place. Please make sure that you, as a parent, understand the levels of offenses and the consequences. Also, please be sure that you reinforce Girls Place rules with your child.
- Please know what facilitators are responsible for your child and consult them as necessary

TRANSPORTATION



Transportation is provided from school and on field trips only; Girls Place does not provide transportation to a member's home. Members will be transported in Girls Place vans or buses; the staff is unable to transport girls in their personal vehicle.

Transportation is shared with the NW Unit of the Boys and Girls Club. Girls Place picks up from about 7 schools and transports Girls Place members and Boys and Girls Club members. We drop off their members at their club and drop off our girls at Girls Place. Likewise, Boys and Girls Club drops our girls off at Girls Place.

Van/Bus Rules

- The bus is equipped with a driver and a monitor to supervise the children
- Children should be seated at all times
- All feet should be out of the aisles
- Voices should remain at a conversational level
- · Heads and arms must remain inside the windows
- Girls are asked to have their bags or backpacks on the floor between their feet or on their laps rather than on the seat

Transportation procedures by school

- Chiles
 - Transported by Boys and Girls Club
 - o Pick up vehicle White van
 - o Pick up location Bus circle
- · Ft. Clarke
 - Transported by Boys and Girls Club
 - o Pick up vehicle White van
 - o Pick up location Bus circle
- Glen Springs
 - Transported by Girls Place
 - Pick up vehicle Yellow bus or white van
 - o Pick up location Bus circle
- Hidden Oak
 - Transported by Boys and Girls Club
 - o Pick up vehicle White van
 - o Pick up location Bus circle
- Howard Bishop
 - Transported by Girls Place
 - o Pick up vehicle –White van
 - Pick up location Bus circle
- Littlewood
 - Transported by Boys and Girls Club
 - o Pick up vehicle Yellow Bus
 - Pick up location Bike rack near bus circle; monitor will be present and walk girls to where the bus is parked





- Meadowbrooke
 - Transportation to be determined

Metcalfe

- Transported by Girls Place
- o Pick up vehicle White van
- Pick up location Bus circle

Norton

- Transported by Girls Place
- o Pick up vehicle Yellow Bus
- o Pick up location Bus circle

One Room School House

- Transported by Girls Place ONLY ON DAYS THAT ALL ALACHUA COUNTY SCHOOLS ARE OPEN
- o Pick up vehicle White van
- Pick up location Front door

Stephen Foster

- Transported by Girls Place
- Thank you
 Thank you
 yehicles
 for our vehicles
 for our Foundation!
 Plum Creek Foundation! o Pick up vehicle – Yellow bus or White van
- o Pick up location Bus circle

Talbot

- Transported by Girls Place
- Pick up vehicle Yellow Bus or White van
- Pick up location Bus circle

Terwilliger

- Transported by Boys and Girls Club
- o Pick up vehicle Yellow Bus
- Pick up location Bus circle

Westwood

- Transported by Boys and Girls Club
- o Pick up vehicle Yellow Bus or white van
- Pick up location Bus circle

HEALTH/SAFETY CONCERNS

- Basic first aid supplies are available and will only be administered by certified staff
- Incident reports are completed and placed on the check out sheets when an injury occurs and treatment is given
- Parents will be notified immediately if an injury is severe or requires additional attention

Medications

- All medications are secured in a lock box
- Medications can be doctor prescribed or those that are taken on an as needed basis (ex. Tylenol or Advil)





- A signed consent form must be completed in order for staff to allow the child to take medication; Girls Place staff will not administer medications
- Any medication must be in a current and labeled prescription bottle

Lice

- Periodic lice checks are conducted
- Parents or guardians will be called to pick up their child if nits or lice are evident
- Girls are instructed not to share brushes, hats or clothing due to the potential spread of lice
- Literature is available in the office on preventing the spread of lice and treating it

Illnesses

- If your child is diagnosed with a contagious illness such as chicken pox, measles, or mumps please notify office staff immediately; we are obligated to notify the Health Department and notify parents immediately
- If a child has a fever above 100°, parents will be contacted to pick up the child

Soiled clothing

- We have a very limited supply of clothes in the event that a child soils her clothes
- Please pack clean underwear and shorts if your child is known to soil her clothing on a regular basis; staff will not help the girls change their clothes
- Girls Place has the right to refuse service to any child who is consistently soils her clothes

ADDITIONAL INFORMATION

Lost and Found

- We cannot be responsible for items that are lost or stolen at the Girls Place, Inc please **DO NOT** bring expensive or valuable items (cell phones, game boys, MP3 players, etc.)
- Periodically check the lost and found for clothing
- Each week clothing will be donated to a local organization

Electronics

- Electronics are not allowed at Girls Place
- Electronics include, but are not limited to: cell phones, iPods, mp3 players, DS, DSi, Leapster,
- We are not trying to be mean or unaccommodating, but we cannot be responsible for these items if they are lost, damaged or stolen
- These items have proven to be a HUGE distraction for the girls.
- It is understandable that many parents want their child to carry a cell phone. We do not disagree with their right to carry them; we do, however, disagree with the necessity of cell phones during the course of after school. If you need to get in touch with your child please call the front office (352) 373-4475.
- Please be advised that if the counselors see any electronic devices they have been instructed to take the device and turn it into the front office until the child goes home.
- We will not be responsible for lost or stolen electronics.

Photo Release

- Reminder: during activities and events at Girls Place my child may be photographed or videotaped by Girls Place staff.
- If you agree on the registration form, your child may be used in Girls Place publications including newsletters, fliers, and brochures in addition to local newspaper, television promotions and social media



Social media

- Girls are not given access to any social media sites (Facebook, Instagram, Twitter, etc.) during Girls Place time
- Girls are prohibited from getting on these sites during our visits to the library also
- Facilitators are prohibited from being "friends" with any Girls Place members
- It is also strongly discouraged for facilitators to be "friends" with members parents
- We do encourage parents to be involved in their child's activities online; the internet has opened up a world to your children and opened your children to the world
- Please visit the North Florida Internet Crimes Against Children website for more information on protecting your child on the internet
- http://floridaicac.net/

