

2014 Summer Day Camp Guide

For Parents and Guardians

Mark your calendars for our Sports Camps!

June 23-27

July 21-25

This camp is independent of our Summer Day Camp. Check out our website for more details.



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Girls Place, Inc. Summer Day Camp











HISTORY

In more than 25 years of serving girls in Alachua County, Girls Place has evolved into a passageway from childhood to womanhood for many girls in the Gainesville community. The young women of today are learning to become tomorrow's future by living and developing in a continuously changing world. Girls Place embraces this opportunity and challenge, and is confident that girls will prosper through our after school, athletic and summer programs.



March – April 1981	The Gainesville Junior Woman's Club began investigating the need and interest for a girls club in the community with surveys and public meetings.	
September 1982	A 20 member Operations Board of Directors was created. The Girls Club of Alachua County was issued non-profit status.	
January 1985	Renae Clements (the current executive director) was hired.	
June 1985	The first Girls Club summer day camp was held at Sidney Lanier School, run by volunteers and was an incredible success.	
November 1985	The City of Gainesville granted Girls Club 5.3 acres of land.	
April 1986	Construction commenced on the Girls Club clubhouse. Summer Day Camp continued being held at Westwood Middle School.	
August 1987	The first after-school program at the Girls Club of Alachua County Clubhouse was inaugurated	
January 1988	United Way announced the Girls Club as one of their affiliated agents	
April 1991	A fifteen member rotating Board of Directors of the Girls Club of Alachua County Foundation was created and officers were elected	
November 1991	Girls Club of Alachua County Foundation was issued non-profit status.	
September 2008	The Girls Club underwent a name change and officially became known as Girls Place, Inc.	



STAFF, CONTACT INFORMATION AND VOLUNTEERS

Administrative staff

Janna Magette, Executive Director

Christi Arrington, Program Director

Responsible for summer and after school programs

Courtenay@girlsplace.net

Janna@girlsplace.net

Christi@girlsplace.net

Courtenay Etheredge, Operations Manager

Responsible for collecting fees and managing volunteers

Kristin Lange, Athletic Director *Responsible for athletic programs*

Kristin@girlsplace.net









Kristin

Janna Christi Courtenay

Recreational staff

- Fingerprinted and background screened at the federal, state and local level
- CPR and First Aid certified
- Ratio of 1:15 (adult to child)
- As staff are in place, their names and photos will be shared with parents

Additional contact information

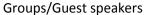
Phone: (352) 373-4475 Fax: (352) 373-5550

Website: www.girlsplace.net

Volunteers

Individuals

- All volunteers are interviewed by the Volunteer Coordinator
- They are generally college students; many seeking credit for classes such as exceptional people and majors that include youth and community sciences, education and recreation
- Volunteers are given an orientation, trained on how to interact with the girls and are fingerprinted and background checked
- They are under the direct supervision of the recreational or administrative staff
- Parents must also be background screened as well if they would like to accompany the girls on field trips or assist in the classroom.







Summer Day Camp

- Sororities, fraternities, nursing students and various organizations visit on occasion to do activities with the girls
- Dates are arranged with the Program Director and activities are directly monitored by recreational staff

HOURS OF OPERATION

Monday - Friday from 7:30 am - 6:00 pm

Early drop off: 7:00 am - 7:29 am for an additional \$1/day per child (due in cash each morning)

Office hours: 11:00 am – 6:00 pm (the phones are not answered prior to 11:00)

FEES

Registration Fee: \$25 per family (due immediately with registration; nonrefundable and nontransferable)

Membership Fee: **\$20** for one child; \$40 for 2 or more children in the family (due by May 30; nonrefundable and nontransferable). Participants are required to be members of Girls Place. This fee is charged once per calendar year. If your child has been charged this fee for participation in another program, you will not need to pay it again until January 2015.

Weekly fees: \$75 for the first child and \$65 for each sibling. Fees are due by IN ADVANCE of the weeks that your child will attend. Fees must be paid online (with a credit card) or in person (cash, check, credit card or money order).

Notes:

- There are not partial weekly rates; if your child attends one day or all 5 the fee is the same
- Fees due in advance
- Fees can be paid online or in the front office between 11:00 am and 6:00 pm. Please plan accordingly.
- NON-SUFFICIENT FUNDS (NSF) POLICY: All NSF checks will be charged a \$25 late fee. Please pay for all NSF checks with cash or money order, as they will not be deposited again. After two returned checks within one year, cash payments will be required thereafter for services plus any bank services accrued by Girls Place.
- **Refunds**: The registration and membership fees are nonrefundable and nontransferable. Refunds for specific summer weeks will not be granted after the week has begun. Prior to the
 - deadline, refunds may be granted with the completion of a withdrawal form and will include an administrative fee of \$10.
- In general, parents will not be required to pay additional fees for field trips. Parents and guardians will be notified in advance should a trip require an additional cost.
- Late fees: In accordance with Board of Directors policy, parents or guardians will be charged \$1 for every five (5) minutes late beyond 6:05 pm. Regardless of late fees, please call if you will be late.





CHECK-IN AND CHECK OUT PROCEDURES

Check in

- Girls must be checked in with a staff member at the front desk
 - Girls will receive a member number that will be used to check in and out; please help your child remember her number
 - o In addition to the girls being checked in on the computer, parents must sign them in by **printing** your first and last name and the time that you are arriving
 - Families who are supported through the Early Learning Coalition (ELC) will be in danger of losing their funding if check in procedures are not followed
- Girls report to their classrooms immediately
- Girls and parents are asked to turn over any money to the front desk or to the administrative staff, who will place it in a snack account or hold it for a field trip
- If a staff person is not at the front desk, parents must check-in their child in at the window
- Girls who arrive after their group has departed for a field trip CANNOT stay at Girls Place; girls cannot be dropped off or picked up from field trips

Checkout

- Girls can be checked out at any time from Girls Place, but must be picked up by 6:00 pm
- Parents and guardians cannot pick up girls from field trips due to the inability for our staff to follow appropriate check out procedures
- Parents/guardians must complete a registration form indicating who can and cannot pick up their child; people authorized to pick up a child must be at least 16 years old and have identification
- · Parents and guardians must come in the building to check out the girls
- A staff member will call your child to the front desk; please go directly to the window if someone is not at the desk
- Please do not be offended if a new staff person requests your identification or if pick-up is delayed due to someone not being on the list
- If an unknown person comes to pick up a child, he or she will be verified on the registration form and their ID will be checked
- Reminder: late fees will be charged after 6:00 pm
 - If parents or guardians are late on a consistent basis, Girls Place reserves the right to refuse service to the family
 - If a parent or emergency contact is later than 15 minutes or cannot be reached, Girls
 Place reserves the right to release the child to the Gainesville Police Department

CURRICULUM AND ACTIVITIES

Groups

- Girls are placed in groups by the grade level they are entering in the upcoming school year
- Pink (K-1), Red (2-3), Yellow (4-5), Green (6-7), Blue (8-12)
- Exceptions will not be made with group assignments (i.e. if a child has been in red group for two years and is held back in 3rd grade, she will stay in red group)
- Within their specific age groups girls engage in age appropriate activities based on the components of wellness



Components of Wellness

The foundation for all summer day camp activities are the 6 components of wellness. The components of wellness are listed below with example activities and the frequency at which they occur.

- Physical (involves the ability to carry out daily tasks, develop cardio respiratory and muscular fitness, maintain adequate nutrition and avoid abusing alcohol and other drugs)
 - o Structured sport (basketball, volleyball, etc.) twice a week
 - Cooking activity with emphasis on nutrition once every two weeks
 - Presentation or group activity focusing on nutrition once a month
 - Puberty/hygiene lessons (4th-12th graders) once during the program
- Emotional (express and display emotions comfortably, effectively and in a healthy manner. Feelings of self esteem, selfconfidence, self-efficacy, trust, love, and many other emotional reactions & responses)
 - Positive adult interaction on a daily basis
- Spiritual (provides meaning and direction in life and enables you to grow, learn, and meet in new challenges; create a sense of belonging)
 - Engage in community service activities
- Environmental (refers to an appreciation for the external environment and the role individual's play in preserving, and improving environmental conditions)
 - Community Service (including neighborhood and park clean ups, participating in walks for healthy babies and breast cancer, making
 - cards, meals and desserts for Ronald McDonald House) once a month
 - Promoting recycling on a daily basis
 - o Promoting life skills (cleaning up after oneself, respecting nature, etc.)
- **Intellectual** (involves the ability to learn and use information effectively for personal, family, and career development)
 - Reading (for leisure or school requirement) on a daily basis
 - Academic enhancement twice a week
 - Leadership opportunities (planning activities, problem solving, etc.) on a daily basis
- Social (having the ability to interact successfully with people and one's personal environment)
 - o Friendship building activities weekly with one-on-one discussions as needed
 - Tolerance activities on a monthly basis (includes bully prevention, peer acceptance) with one-on-one discussions as needed





Field Trips

Field trips support our curriculum. Trips occur nearly every day and may include local parks, museums, springs, skating, movies, bowling, or community service.

- Trips are not optional but part of the objectives of the summer program
- A weekly schedule of events is provided so families can be prepared
- Parents and guardians may not drop off their child or pick them up from a field trip
- Any families arriving after the child's group has departed for a field trip CANNOT stay at Girls Place; please be on time
- Most often girls will return by 4:30 pm unless otherwise noted on the schedule
- PARENTS, LIKE ALL VOLUNTEERS, MUST BE BACKGROUND SCREENED IF THEY WOULD LIKE TO
 ACCOMPANY THE GIRLS ON A FIELD TRIP OR ASSIST IN THE CLASSROOM.

In addition to the field trips mentioned above, the summer program includes the following:

Swimming

- Mondays (10:00 pm 12:00 pm at NE pool located off of Waldo Road by the MLK Center)
- All staff members go to the pool. Therefore, girls must go to the pool even if they do not want to swim.
- Parents are required to inform staff about their child's swimming ability; that ability will determine where a child can be in the pool
- Girls must pass a swim test (50 yards across the pool and back) in order to go down the slide or off the diving boards
- If girls come in their bathing suits, PLEASE be sure to pack additional clothes and underwear
- Label towels and sunscreen with your child's name







Updated 03/14/2014



Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00	Early drop off	Early drop off	Early drop off	Early drop off	Early drop off
7:30	Normal drop off/supervised	Normal drop off/supervised	Normal drop off/supervised	Normal drop off/supervised	Normal drop off/supervised
8:00	free play	free play	free play	free play	free play
9:00	Welcome/breakfast	Welcome/breakfast	Welcome/breakfast	Welcome/breakfast	Welcome/breakfast
10:00	Field Trip: Field Trip:		-	Downtown	
11:00	Northeast Pool	Sign Language	Northeast Park	Library	
12:00	Lunch	Lunch	Lunch	Lunch	
1:00	Sewing Puppets	Field Trip: UF Entomology Dept	Field Trip: Altrusa St House (play board games with residents)	Storytelling	Fanning Springs State Park
2:00	Sewing rappees	Tour			Sidle Park
3:00	Bullying Prevention Lesson	Volleyhall		Nursing Students: Dealing with Stress	5:
4:00	Snack		Snack		
5:00	Craft: Nature		Planning time: field day for	Capture the Flag	Snack
6:00	Rubbings	Reading	pinkies		

MEAL PROGRAM (BREAKFAST, LUNCH AND SNACK)

Breakfast and Lunch

All summer camp participants may receive meals regardless of income level. Breakfast tends to be cereal and milk or a pastry and juice. Lunch meals may include a sandwich, crackers and fruit. Members who do not participate are required to bring a lunch.

Girls Place DOES NOT provide snack. A snack period is designated each day with items ranging from \$0.25-\$1.50. We request that parents set up an account in the front office so children will not have money with them. Additional money can be added to the account at any time.

Accounts



Summer Day Camp

- Concession accounts can only be established with **CASH**; no other forms of payment will be accepted
- We prefer that an account be established to avoid any issues with missing money
- An account can be set up and spending limitations can be set
- We cannot be responsible for lost or stolen money
- Please give money to Ms. Pat prior to 9:00 am or Ms. Courtenay between 11:00 am and 6:00pm

BEHAVIOR AND DISCIPLINE

Girls Place has established our House Rules for all of our programs. Please help us help your children GROW and integrate these terms into your conversations with your child.

G – Give your heart

R – Respect comes first

O – Own your genius

W - Win with trust

Expectations for staff

- Staff is expected to provide and maintain a safe atmosphere which will encourage positive behavior, high achievement, and show respect for all individuals by treating them fairly and impartially
- Recreational aides and other staff members may develop individual rules and disciplinary practices, which supplement the Discipline Policy but do not conflict with it

Expectations for girls

Girls are expected to know, understand and abide by the rules set forth by the administrative staff as well as the recreational aides

Expectations for parents

Parents are asked to support Girls Place, Inc., the staff, and the rules that are in place to protect the girls

Disciplinary Policy

Factors that are considered when determining the level of discipline for misbehavior include but are not limited to:





The following chart defines the levels of offenses, examples of misbehaviors and possible consequences:

Offense	Level 1	Level 2	Level 3	Level 4
Definition of offense	Least serious acts of misconduct which interfere with orderly procedures and or activities	Serious acts of misconduct which include repeated minor misconduct and acts directed against persons or property	More serious acts of misconduct, including repeated similar misbehavior, serious disruptions of the orderly conduct of Girls Place, Inc. and threats to health, safety, or property; may result in suspension	Most serious acts of misconduct; these violations require notification to law enforcement
Example of Misbehaviors	 Abusive Language (random & direct) Group Disruption Harassment Unsafe acts Defiance Bus/Van Misconduct 	 Repeated or continuous Level 1 misconduct smoking/using tobacco Fighting Theft/larceny Vandalism Trespassing Disorderly Conduct Threat/intimidation 	 Repeated or continuous level 1 or 2 misconduct Assault Burglary/breaking and entering Battery on staff member Robbery Kidnapping Arson 	 Sexual battery Aggravated Battery Possession, use or sale of explosive device Illegal, street or recreational drug possession or use Weapons: possession/use of items wielded for intent to harm
Possible Consequences	 Verbal Reprimand Time Out Withdrawal of Privileges Work detail/ Restitution Conversation with Program Director or Executive Director 	 Referral form signed by parent/guardian Suspension from Girls Place (after 3rd write up) Alternative placement or expulsion from Girls Place Notify proper law enforcement authorities. 	 Alternative placement or expulsion from Girls Place Notify proper law enforcement authorities Suspension from Girls Place activities 	 Suspension from Girls Place activities Recommend alternative placement Notify law enforcement Recommend expulsion

- An effort is made to involve the parents in every aspect of a child's experience while at the Girls Place. Please make sure that you, as a parent, understand the levels of offenses and the consequences. Also, please be sure that you reinforce Girls Place rules with your child.
- Please know what recreational aides are responsible for your child and consult them as necessary



TRANSPORTATION

Transportation is provided on field trips only; Girls Place does not provide transportation from a member's home. Members will be transported in Girls Place vans or buses; the staff is unable to transport girls in their personal vehicles.

Van/Bus Rules

- The bus is equipped with a driver and a monitor to supervise the children
- Children should be seated at all times
- All feet should be out of the aisles
- Voices should remain at a conversational level
- Heads and arms must remain inside the windows
- Girls are asked to have their bags or backpacks on the floor between their feet or on their laps rather than on the seat

HEALTH/SAFETY CONCERNS

First Aid

- Basic first aid supplies are available and will only be administered by certified staff
- Incident reports are completed and placed on the check out sheets when an injury occurs and treatment is given
- Parents will be notified immediately if an injury is severe or requires additional attention

Medications

- All medications are secured in a lock box
- Medications can be doctor prescribed or those that are taken on an as needed basis (ex. Tylenol or Advil)
- A signed consent form must be completed in order for staff to allow the child to take medication; Girls Place staff will not administer medications
- Any medication must be in a current and labeled prescription bottle

Lice

- Periodic lice checks are conducted
- Parents or guardians will be called to pick up their child if nits or lice are evident
- Girls are instructed not to share brushes, hats or clothing due to the potential spread of lice
- · Literature is available in the office on preventing the spread of lice and treating it

Illnesses

- If your child is diagnosed with a contagious illness such as chicken pox, measles, or mumps please notify office staff immediately; we are obligated to notify the Health Department and notify parents immediately
- If a child has a fever above 100°, parents will be contacted to pick up the child

Soiled clothing

- We have a very limited supply of clothes in the event that a child soils her clothes
- Please pack clean underwear and shorts if your child is known to soil her clothing on a regular basis; staff will not help the girls change their clothes
- · Girls Place has the right to refuse service to any child who is consistently soils her clothes



ADDITIONAL INFORMATION

Lost and Found

- We cannot be responsible for items that are lost or stolen at the Girls Place, Inc please DO
 NOT bring expensive or valuable items (cell phones, game boys, MP3 players, etc.)
- · Periodically check the lost and found for clothing
- Each week clothing will be donated to a local organization

Electronics

- Electronics are not allowed at Girls Place.
- Electronics include, but are not limited to: cell phones, iPods, mp3 players, DS, DSi, Leapster, etc.
- We are not trying to be mean or unaccommodating, but we cannot be responsible for these items if they are lost, damaged or stolen
- These items have proven to be a HUGE distraction for the girls.
- It is understandable that many parents want their child to carry a cell phone. We do not disagree with their right to carry them; we do, however, disagree with the necessity of cell phones during the course of summer day camp. If you need to get in touch with your child please call the front office (352) 373-4475.
- Please be advised that if the counselors see any electronic devices they have been instructed to take the device and turn it into the front office until the child goes home.
- We will not be responsible for lost or stolen electronics.

Downtime

- The pink and red groups will have down time after lunch each day
- During downtime girls may nap (mats are provided, please bring a blanket or towel if needed) or relax and may read

Photo Release

- Reminder: during activities and events at Girls Place my child may be photographed or videotaped by Girls Place staff.
- If you agree on the registration form, your child may be used in Girls Place publications including newsletters, fliers, and brochures in addition to local newspaper and television promotions

Social Media

- Girls are not given access to any social networking sites (Facebook, My Space, Urban Chat, etc.)
 during Girls Place time
- Girls are prohibited from getting on these sites during our visits to the library also
- Recreational aides are prohibited from being "friends" with any Girls Place members
- It is also strongly discouraged for recreational aides to be "friends" with members parents
- We do encourage parents to be involved in their child's activities online; the internet has opened up a world to your children and opened your children to the world
- Please visit the North Florida Internet Crimes Against Children website for more information on protecting your child on the internet
- http://floridaicac.net/

